

NORTHLAND ADULT DAY CENTER
NOVEMBER 2024---- BREAKFAST, LUNCH, and SNACK MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				<i>Blueberry Pancakes, Bacon</i>
				Fish Sticks
				Mac n Cheese
				Creamed Peas
				<i>vanilla wafers</i>
4	5	6	7	8
<i>Raisin Toast, Eggs</i>	<i>Cold Cereal, Bananas</i>	<i>Oatmeal w/Cranberries, Toast</i>	<i>Biscuit and Gravy, Juice</i>	<i>Cottage Cheese, Peaches, Muffin</i>
Supreme Pizza	Sloppy Joe w/Bun	Chili Dog w/bun	Turkey & Cheese Sandwich	Salisbury Steak w/gravy
Garden Salad w/dressing	Buttered Corn	Tator Tots	Vegetable Soup	White Rice
Pineapple Chunks	Seasoned Fries	Apple Sauce	Mixed Fruit	Green Beans
<i>Fruit Snacks</i>	<i>Butter Cookies</i>	<i>Granola Bar</i>	<i>Veggie Chips</i>	<i>Graham Crackers</i>
11	12	13	14	15
<i>Hashbrown, Sausage, Juice</i>	<i>Cottage Cheese, Muffin, Fruit</i>	<i>Grits, Eggs, Juice</i>	<i>Cinnamon Oatmeal, apples</i>	<i>Cottage Cheese, Peaches</i>
Franks and Beans	Sausage w/Cabbage	Turkey on Croissant	Pork Chops w/gravy	Cheeseburger w/bun
Cucumber Salad	Buttered Potatoes	Baked Chips	Mashed Potatoes	Lettuce, tomato, onion
Fruit Cup	Bread and Butter	Applesauce	Green Beans	Seasoned Fries
Buttered Bread			Buttered Bread	
<i>Veteran's Day Cupcakes</i>	<i>Fruit Cup w/ whipped cream</i>	<i>Birthday Cupcakes</i>	<i>Birthday Cupcakes</i>	<i>Butter Cookies</i>
18	19	20	21	22
<i>Biscuits and Gravy, Juice</i>	<i>Bagels w/ cream cheese, Fruit</i>	<i>Breakfast Burritos, Fruit</i>	<i>Waffles, Sausage, Juice</i>	<i>Cottage Cheese, Fruit, Muffin</i>
Salisbury Steak	Chef Salad w/Chicken	Shepherd's Pie w/	Fish Sandwich	Hot Ham & Cheese Sandwich
Mashed Potatoes w/gravy	Crackers	Mashed Potatoes	French Fries	Baked Chips
Green Beans	Jello w/Fruit	Mixed Vegetables	Cole Slaw	Applesauce
Pineapple		Peaches		
<i>Fruit Snacks</i>	<i>Oatmeal Cookie</i>	<i>Peanut Butter Crackers</i>	<i>Cheese Nips</i>	<i>Veggie Sticks</i>
25	26	27	28	29
<i>Biscuits and Gravy, Juice</i>	<i>Cold Cereal, Bananas</i>	<i>Cream of wheat, Toast, Juice</i>	CLOSED	CLOSED
Chicken Stir Fry w/	Grilled Cheese Sandwich	Roasted Chicken, Ham		
Mixed Vegetables	Vegetable Soup	Mixed Greens		
Apple Sauce	Pears	Dressing, Cranberry Sauce		
		Sweet Potatoes, Rolls		
<i>Oatmeal Cookies</i>	<i>Cheese & Crackers</i>	<i>Apple & Pumpkin Pie</i>		

All meals are served with 1% or skim milk.

Northland ADC operates in accordance with U.S. Department of Agriculture policy, which prohibits discrimination on the basis of race, color, sex, age, disability or national origin.

Northland ADC reserves the right to change meals at any time

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