

**NORTHLAND ADULT DAY CENTER
NOVEMBER 2024 ---- Activities Calendar**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				Current Affairs BINGO Therapeutic Coloring Red Friday Exercise
4	5	6	7	8
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Exercise	Nelson-Atkins Art Class	Chair Yoga	Exercise
Bible Study	Picture Bingo	Field Trip	Concentration Game	Matinee Movie
Today in History		JENGA		Company Jingle Trivia
	Crossword Puzzles	Exercise	Dominoes	Card Games
11	12	13	14	15
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Veteran's Day Breakfast	Loosen Up, Lighten Up Day	Walmart Wednesday	Exercise	Jenga Game
Brain Games	Arts & Crafts	Yoga	Ring Toss	Homemade Bread Day
Ring Toss Game			World Diabetes Day	Ball Toss
Exercise	Puzzle Pazzaz	Birthday Celebration	Birthday Celebration	Yoga
18	19	20	21	22
Current Affairs	Current Affairs	Current Affairs	Current Affairs	Current Affairs
Exercise	Exercise	Exercise	Exercise	Exercise
Parachute Game	Parachute Game	BINGO	Match Game	Bean Bag Toss
Red Monday	Card Game Tournament			
Music Therapy	Exercise	Name That Tune	Therapeutic Coloring	Music Therapy
25	26	27	28	29
Current Affairs	Current Affairs	Current Affairs	CLOSED	CLOSED
Exercise	Exercise	Exercise		
Simon Says	Board Games	Thanksgiving Holiday		
Music Therapy	Crossword Puzzles	Party & Games		